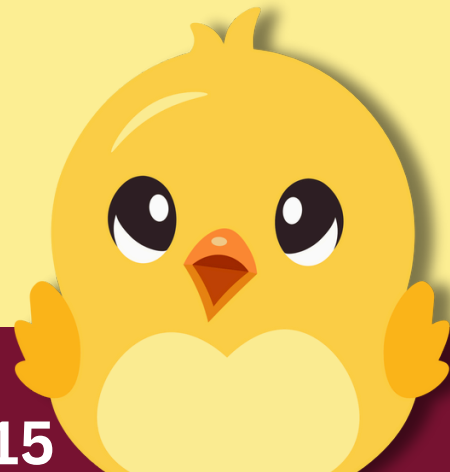


The Chancel

CHIRPER

#515



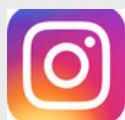
What's in this week's Chirper?

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Follow our socials



@Chancel Primary



@ChancelPrimarySchool
(NEW)



COMING SOON

IMPORTANT REMINDERS

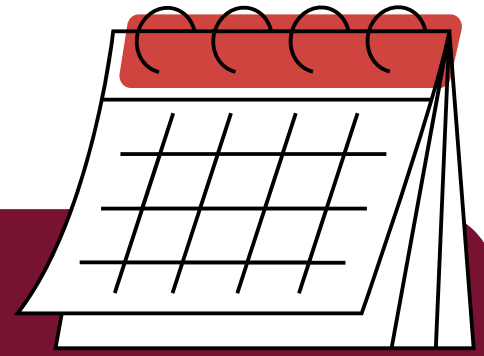
Walking Home From After School Clubs

As the evenings are now darker, we kindly remind parents that all children must continue to be collected from after school clubs and should not walk home independently.

This will remain in place until next half term, when Year 5 and Year 6 children will be permitted to walk home from after school clubs. Thank you for your continued support in keeping our children safe.



Dates For Your Diary



FEBRUARY

Tuesday 10th - Safer Internet Day

Tuesday 10th - Valentine's Discos (KS1 3.30-4.45pm / KS2 5.00-6.15pm)

Wednesday 11th - Y5 OEC & Y6 OEC/SATs Meetings @5pm

Thursday 12th - Parent Council Meeting (2pm)

Thursday 12th -Nursery and Reception Valentine's Stay and Play

Tuesday 17th - Chinese New Year

MARCH

Wednesday 4th - Holi Festival

Thursday 5th - World Book Day

Friday 6th - Progress Reports Home @3.30pm

w/c Monday 9th - Science Week

w/c Monday 9th - Year 6 at Standon Bowers

Thursday 12th - Year 3 Trip to Botanical Gardens

Monday 16th - Parents' Evening

Tuesday 17th - Parents' Evening

Wednesday 18th - Friday 20th - Year 5 to Laches Wood

Thursday 19th - SEND Parent Consultations – (9.30 – 3.30pm)

Friday 20th - Red Nose Day

Monday 23rd - KS2 Easter Egg Competition entries in

Tuesday 24th - KS2 Easter Egg Competition judged

Tuesday 24th - Easter Bonnet Parade @ 2.30pm

Wednesday 25th - Year 4 trip to Wroxeter

Thursday 26th - Rocksteady Concert @ 2.30pm

Friday 27th - Easter Service - St Augustine's @ 10am





**WHAT'S
NEW?**

Y5 OEC & Y6 OEC/SATs Meetings

We would like to invite parents and carers to attend one of two information meetings taking place at school on Wednesday 11th February at 5:00pm.

Year 5 Parents Meeting This meeting will provide information about the upcoming Outdoor Education Centre (OEC) visit to Laches Wood.

Year 6 Parents/Carers Meeting This meeting will cover details of the OEC visit to Standon Bowers and will also include important information about the Year 6 SATs.

All of the content that will be discussed in these meetings has already been shared with the children in school. We kindly ask that children do not attend the meetings with parents or carers, as this will help ensure there is enough space and allow parents/carers the opportunity to ask questions freely.

We hope you can join us and look forward to seeing you there.

Valentine's Disco



We are excited to announce that our Valentine's Disco will be taking place on **Tuesday 10th February 2026**. This is always a fun and popular event, and we are looking forward to celebrating with the children.

Ticket cost: £5.00 Payment: via ParentPay

Reception and Key Stage 1: 3.45pm – 4.45pm

Children in these year groups will remain in school at 3.30pm to get changed. A snack and drink will be provided.

Key Stage 2: 5.00pm – 6.15pm A hotdog and drink will be provided.

Please note that Nursery children are not included in this disco.

We hope as many children as possible will dancing and fun. Further details will be

be able to join us for an evening of music, shared closer to the date.



KS2 Tuck Reminder

A reminder that our Key Stage 2 Tuck Shop has reopened after Christmas and is now running every day. Children can enjoy a warm snack or a healthy treat during break time, all at pocket-friendly prices. The menu is simple, delicious, and a great option for a mid-morning boost.

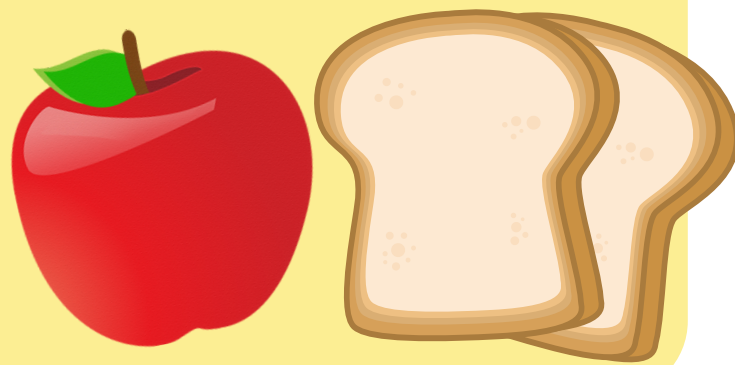
Here's what's on offer:

Hash Brown – 50p

Toast – 30p

Milkshake – 70p

Piece of Fruit – 50p



Thank you for supporting our school tuck shop!

Changes to Lunch and BASC Prices

We would like to let parents and carers know about some upcoming changes to the cost of school lunches and our Before and After School Club (BASC) sessions.

Over the past few months, we have been reviewing the prices charged by other local schools, as well as the rising cost of food. After careful consideration, we have made the decision to adjust our prices from 1st April 2026.

School Lunches - To ensure we can continue providing nutritious, high-quality meals, the price of a school lunch will increase to £2.75 per meal.

As part of our review, we compared our prices with nearby schools:

- Hob Hill: £3.00
- Chase View: £2.76
- The Croft: £3.20
- St Joseph's: £2.70

We have aimed to keep our new price as affordable as possible while still covering increased costs.

Before and After School Club (BASC) - The rise in food and running costs has also affected our BASC provision. To continue offering a safe, welcoming environment for children before and after school, the fees will be updated as follows from 1st April 2026:

Morning session: £6.00

Half session (3:30–4:45pm): £6.00

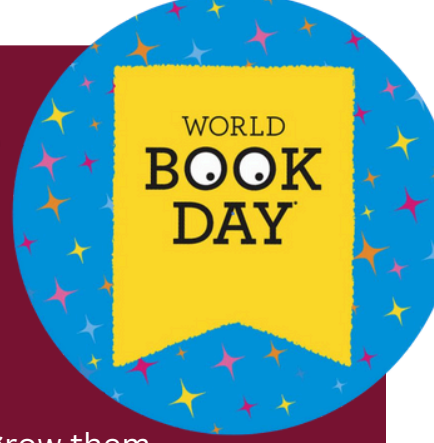
Full session (3:30–5:45pm): £8.00

We remain committed to providing high-quality care and activities for all children who attend BASC.

Thank you for your understanding and continued support. If you have any questions, please contact the school office.



World Book Day Costume Donation



At Chancel, we know how important it is for every child to feel included in special school events – and we also understand that dressing-up costumes can be expensive and children can quickly outgrow them.

Following the success of our Christmas jumper rail, we are now kindly asking families to donate any unwanted or outgrown dressing-up costumes. These could include storybook characters, traditional costumes, or any outfits suitable for World Book Day.

In the lead-up to World Book Day, we will display the donated costumes on a rail in the school lobby. Parents and carers will be very welcome to help themselves to anything their child might enjoy wearing, giving every child the chance to take part and feel confident on the day.

If you have costumes at home that your child no longer needs, we would be very grateful if you could bring them to the school office. Please ensure all items are clean and in good condition so they can be enjoyed by others.

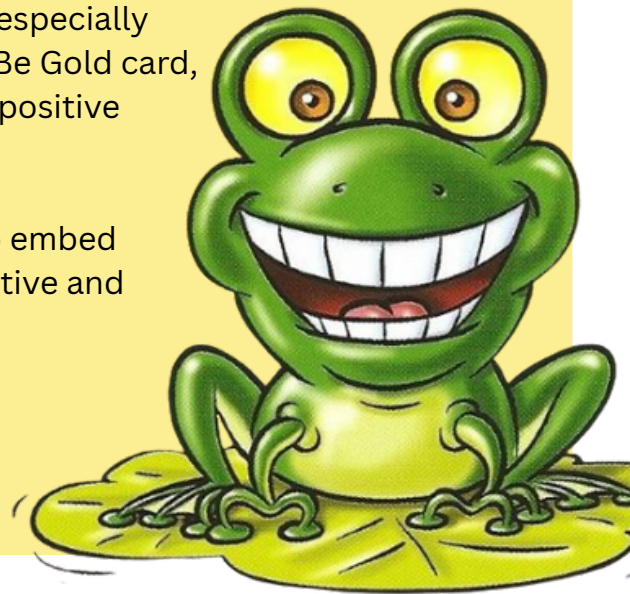
This is another way we aim to support our Chancel community, helping to make special days inclusive, fun and accessible for all our children.

Good To Be Green

We are delighted to share that after a three-week trial of our Good to Be Green approach, the children have engaged with it extremely well. They have quickly understood how the system works and are using it confidently as part of their everyday school life.

Children are enjoying reflecting on their choices and are keen to demonstrate positive attitudes and behaviours throughout the day. Many are especially motivated by the opportunity to be awarded a Good to Be Gold card, which has been a lovely way to recognise and celebrate positive behaviour.

Thank you for your continued support as we continue to embed this approach across the school to promote a calm, positive and respectful learning environment for all.



Nursery and Reception Valentine's Stay and Play Sessions



We are delighted to invite parents, grandparents, and carers to our Nursery and Reception Stay and Play Sessions on:

Thursday 12th February 2026
9:15am – 10:00am

These special sessions are a wonderful opportunity for families to spend time in the classroom, join in with activities, and experience a morning of learning through play alongside the children.

During Stay and Play, you will be able to:

- Explore our learning environment
- Take part in fun, hands-on activities
- See how your child learns and develops
- Spend quality time playing and learning together

Our staff will be on hand to welcome you and share how we support your child's early learning journey. We hope this will be an enjoyable and relaxed way to strengthen the partnership between home and school.

All parents, grandparents, and carers are very welcome, and we look forward to seeing you there for a morning of fun, learning, and smiles!

If you have any questions, please feel free to speak to a member of staff.
We can't wait to welcome you!



Nursery Admissions

We are pleased to announce that nursery admissions are now open for both our Ducklings and Puffins classes.

Priority will be given to siblings of children currently attending the school. Admission packs are available to collect from the school office.

Please note the following important application dates:

- Current Ducklings applying for a Puffins place must submit their application by 27th February.
- Children with siblings already in school have until 6th March to apply.
- After these dates, applications will be opened to the wider public.

Places and session hours will be allocated on a first-come, first-served basis, so we encourage families to apply as soon as possible.

If you have any questions or would like further information, please do not hesitate to contact the school office, who will be happy to help.

We look forward to welcoming our new Ducklings and Puffins very soon!



Choir Reminder

A reminder to parents and carers that the final KS2 choir session will take place on Wednesday 11th February. We would like to thank all the pupils who have attended since September for their enthusiasm, commitment, and fantastic singing. Mrs Harris says that it has been a pleasure working with them, and we are very proud of their progress.



Safer Internet Day

On Tuesday 10th February, our school will be taking part in Safer Internet Day, a national event that promotes the safe, responsible, and positive use of technology. Throughout the day, pupils will be taking part in a range of activities in class to help them understand how to stay safe online, make good choices, and be respectful digital citizens. In addition, our Computing Crew will be leading a whole-school assembly to share important messages and tips about online safety. We look forward to working together to help our children develop the skills they need to use the internet confidently and safely.



Trips



Year 4

Wroxeter Roman City

As part of their exciting History topic, Year 4 will be visiting Wroxeter Roman City on Wednesday 25th March 2026. This trip will provide pupils with a fantastic opportunity to bring their learning to life as they explore one of the most significant Roman sites in Britain. The cost of the visit is £21, payable via ParentPay.



During the spring term, the children will be studying “The Roman Empire and its impact on Britain.” The trip will support their understanding of: Julius Caesar’s attempted invasions in 55–54 BC; The Roman Empire by AD 42 and the strength of its army; The successful invasion by Claudius and subsequent Roman conquest; The building and purpose of Hadrian’s Wall; British resistance to Roman rule.

This visit promises to be an engaging and memorable part of the children’s learning. We are looking forward to a fantastic day of discovery at Wroxeter!

Year 1

Trentham Gardens

Year One will be visiting Trentham Gardens on Thursday 23rd April 2026, taking part in a variety of Natural Art activities. The children will be experimenting with different shapes, patterns, colours, and textures in nature which will support their topic of understanding seasonal changes. The children will also be able to take part in a barefoot walk, explore a hide and speak maze, discover beautiful wildlife and may even be able to catch a sight of Trentham’s own family of beavers.

The cost of this visit is £24.00 per child. Children will be required to wear full school uniform and waterproof coat.

All children will be provided with a packed lunch from school.



Trips



Year 3

Birmingham Botanical Gardens

Year 3 will be visiting the Birmingham Botanical Gardens on **Thursday 12th March 2026** as part of their topic work on The Rainforest. During the visit, the children will have the opportunity to take part in a guided workshop where they will learn more about the different layers of the rainforest and the incredible plants and animals that live there. They will be able to explore the tropical glasshouses, discovering a wide variety of exotic plants first-hand, and see how the rainforest environment is recreated.

As part of the day, children will also enjoy walking through the beautiful gardens and having the chance to spot a range of unusual and interesting species. This will be a valuable and exciting opportunity to support their classroom learning with real-life experiences.

The cost of the trip is £29.00. Children will need to wear full school uniform with suitable footwear and a waterproof coat. A packed lunch and drink will be required, which children should bring with them from home.



Year 2

Twycross Zoo



Year 2 are very excited to be visiting Twycross Zoo on **Tuesday 16th June 2026** for a fantastic day of learning and adventure. During the visit, children will have the opportunity to listen and learn from the zoo's expert Discovery and Learning Rangers, who will help bring the amazing world of animals to life.

The children will explore the zoo and discover over 500 animals from 125 different species, including big cats, monkeys, apes, birds and some of the rarest species on the planet. This visit links perfectly with our learning in school and promises to be a memorable and inspiring experience for everyone.

Children must wear full school uniform on the day and will need a waterproof coat and suitable footwear. A packed lunch will be provided by school for all children.

The cost of the visit is £28.50, which is payable via ParentPay.



Trips



Reception Monkey Forest

Reception children will be heading off on an exciting adventure to Monkey Forest at Trentham on Tuesday 9th June 2026 as part of their topic, "The Great Outdoors". This fun and educational visit will give the children the opportunity to explore nature and learn more about animals in their natural environment.



The visit will take place during normal school hours and full school uniform must be worn. Please ensure your child comes to school with a waterproof coat and suitable footwear, as the trip will involve walking outdoors.

All children will be provided with a packed lunch from school.

The cost of the visit is £25.50, which is now available to pay via ParentPay.

We're really looking forward to a fantastic day of outdoor learning and discovery!

Year 6 SATs Treat Trip TBC soon...





Year 5 - Laches Wood

We are excited to announce that Year 5 children will have the chance to take part in a residential visit to Laches Wood from **Wednesday 18th March to Friday 20th March 2026**. The trip will include a variety of fun and challenging activities, as well as all meals. Parents will need to arrange transport for their child to and from Laches Wood.

A deposit of £50.00 was required by **Thursday 23rd October 2025** to secure your child's place.

The full payment of £167.00 must be made by **Monday 9th March 2026**. (Children who are entitled to Free School Meals will receive a subsidy; the school office will contact those families directly.)

If your child does not intend to go, please inform the school office by **23rd October 2025**. After this date, parents will be charged the full amount.

We are looking forward to a memorable trip and hope as many Year 5 children as possible can join us.

Year 6 - Standon Bowers

We are delighted to announce that our Year 6 children will have the opportunity to take part in a residential visit to Standon Bowers from **Monday 9th March to Friday 13th March 2026**.

This exciting trip will include a wide range of activities and all meals. Transport will be provided by the school.

A deposit of £50.00 was required by **Thursday 23rd October 2025** to secure your child's place. Payments can be made via ParentPay, starting from as little as £5.00 upwards.

The full payment must be received by **Friday 27th February 2026**.

The total cost of the trip is £280.00 (subsidised for children eligible for Free School Meals).

If your child does not intend to go, please inform the school office by **23rd October 2025**.

This promises to be a fantastic experience for our Year 6 pupils, and we hope all children will be able to take part.



Local Events



S4K SPORT4KIDS
ACTION ADVENTURE CAMP
Running 17th - 21st Feb

CANNOCK CHASE HIGH SCHOOL
5-12 YEAR OLDS

ORIENTEERING TO NERF, MINUTE-TO-WIN-IT MINI CHALLENGES TO ARTS & CRAFTS

The poster features a wooden signpost with an arrow pointing right, a map of the area, a compass, and a photo of children playing.

Pre-Loved Uniform Market



The P.L.U.M Project

At the Salvation Army Church Hednesford



#DoingOurBit.info

YOUR LIBRARY
Staffordshire County Council

In Partnership with Staffordshire Libraries

The Salvation Army
7 Anglesey Street
Hednesford
WS12 1AB

Cannock Library
Manor Avenue
Cannock
WS11 1AA



MARKET OPENING TIMES

Tues 17th Feb
10am - 2pm

Wed 18th Feb
1pm-5pm



2026

For all your school uniform needs
Contact hednesford@salvationarmy.org.uk
Phone: 01543 426128



Donations can be made at:
Cannock Library - during normal opening hours
Hednesford Library - during normal opening hours
Hednesford Salvation Army - Monday to Thursday 2 pm until 5 pm

REDUCE - REUSE - RECYCLE
TOGETHER WE CAN ALL MAKE A CHANGE



AWARDS



Stars



Warriors



Reception

Georgie & Caden

Edward

Year 1

Ella & Oakley

Aldo

Year 2

Olivia & Arwen

Henry

Year 3

Louis & Theia J

Austin

Year 4

Samuel & Martha

Alex

Year 5

Nellie & Kaitlynn

Rohan

Year 6

Jessica & Molly

Scarlett

Arrive On Time At Ten To Nine
Make Every Minute Count



1st

Robins

2nd

Kingfishers

3rd

Chaffinches

4th

Toucans

5th

Kestrels

6th

Eagles

7th

Owls

190

School days in each academic year

0 days absence

100%
attendance

184

Days of education

6 days absence

97%
attendance

181

Days of education

9 days absence

95%
attendance

171

Days of education

19 days absence

90%
attendance

152

Days of education

38 days absence

80%
attendance

Shugborough

245

Trent

296

Augustine

WINNER

330

Wolseley

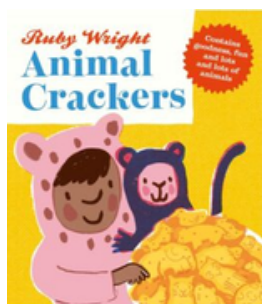
270





Recommended Reads - EYFS & KS1

Nursery

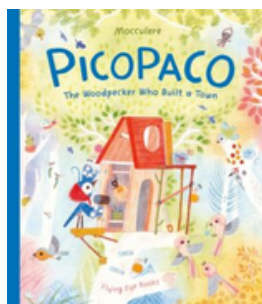


Animal Crackers by Ruby Wright

This is a heartwarming story beginning with a scenario that may feel familiar to many children – animal-mad Maisie wishes for a pet, but Mum says it is not to be, living in such a small flat. Much to her delight, her wishes come true via magical animal crackers. This leads to a delightfully chaotic zoo appearing all around.

The story beautifully blends fantasy with relatable modern family life. It's an encouraging read-aloud that celebrates animals, imagination and the joyful mess of unexpected wishes.

Reception



PicoPaco The Woodpecker Who Built A Town by Mocculere

Woodpeckers are known for making perfectly O-shaped holes to build their nests in. All, except one woodpecker – Picopaco. Unlike all the other birds she chooses to live in a little wooden house with a red roof. The other birds laugh at her strange ways, until one day a big storm arrives ruining all the nests. The woodpeckers must rebuild their homes stronger than ever before, but they have one problem not one of them knows how to build a house – all except Picopaco. Perhaps they might learn a thing or two from Picopaco after all?

Year 1



The Great Henna Party by Humera Malik

Noor's cousin is getting married tomorrow, and tonight, her family is throwing her a henna party. They will sing traditional songs, eat delicious treats, and have their hands painted in swirling designs using a dye called henna. Noor is especially excited to play the henna name game. The henna artist will hide the name of the person Noor loves the most in the pattern she paints on Noor's hands. But whose name will Noor choose? As Noor encounters each member of her family, she finds it harder and harder to make her choice. What should she do if she loves them all?

Year 2



Leo And The Octopus by Isabelle Marinov

The world was too bright for Leo.
And too loud.

"I must be living on the wrong planet," Leo thought.

Leo struggles to make sense of the world. He doesn't understand the other children in his class, and they don't seem to understand him. But then one day, Leo meets Maya.

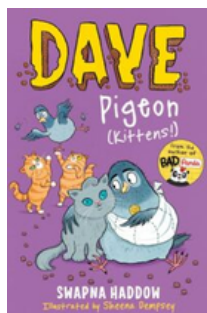
Maya is an octopus, and the more Leo learns about her, the more he thinks that perhaps he isn't alone in this world, after all.





Recommended Reads - KS2

Year 3



Dave Pigeon (Kittens!) by Shwapna Haddow

Dave Pigeon and his trusty sidekick, Skipper, are minding their own business in the garden shed when they see Mean Cat behaving very strangely. The arrival of some very cute kittens is disastrous news. But then the kittens come under threat. Are Dave and Skipper coldhearted enough to leave them defenceless, especially when one looks a teeny, tiny little bit like Dave?

Packed full of funny black-and-white illustrations, perfect for emerging readers.

Year 4



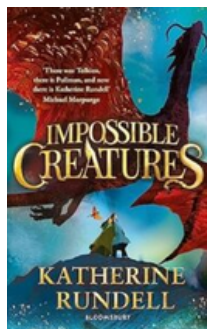
Fairy Vs Wizard by Jenny McLauchlan

Ridiculously funny and packed full of cartoons on every page!

Danny's life hasn't been the same since a REAL fairy flew out of a fairy door, attached herself to his hair and turned his life upside down.

In this book Stink tries to help Danny with his lead role in the school play, makes a Malteser adventure playground in the science cupboard and accidentally unleashes a giant all-powerful wizard into the world.

Year 5



Impossible Creatures by Catherine Rundell

Full of adventure, mythical creatures and character growth, it is perfect for a school library. The story follows a boy's adventures when he discovers a cluster of magical islands on which all sorts of mythical creatures are really alive. He teams up with a local girl on a magical quest to save the islands.

The world-building is exceptional, with detailed descriptions of the different creatures and exciting descriptions of the places along the journey, allowing you to picture the settings in your mind. This is the kind of book that feeds children's imaginations with wonderful and exciting ideas in a way that only the best children's stories can do.

Year 6



The Boy To Beat The Gods by Ashley Thorpe

Kayode dreams of eating the forbidden fruit of the Orishas, so he can gain the power of the gods and stop them terrorising his people. So when a fruit mysteriously appears in his path after the Orishas snatch his sister, he leaps on it. Surging with new and difficult-to-control powers, he joins forces with a shapeshifting trickster god and a vengeful princess to save his sister and put an end to the mighty Orishas. But each has more fearful powers than the last – and Kayode's stolen half-god strength won't last forever.





Safeguarding



Our most important role at Chancel is keeping the children safe and protecting them from potential harm. Safeguarding the children is everyone's responsibility and is best achieved through working in partnership as a school community.

The safeguarding staff at Chancel are:

- Mrs Palmer - Designated Safeguarding Lead (DSL)
- Mrs Watson and Mr Newton- Deputy Designated Safeguarding Leads (DDSLs)
- Mr Sparkes- Safeguarding Governor
-

If you are worried about a child's well-being or believe they may be at risk of harm, you should report this concern to school, either by personal visit, email or telephone. You can also contact:

- Staffordshire Families Integrated Front Door (SFIFD) - 0300 111 8007
- Staffordshire Police - 101 or 999

If you are contacted by staff about a safeguarding concern, please do not be offended. We are sure you would rather we take every precaution to ensure the children's safety. We are also here to support you, should you have any concerns or difficulties.

Safer Sleeping

Have you ever thought about where your baby sleeps?



We know that every year, over 300 babies in the UK die suddenly and unexpectedly in their sleep as a result of Sudden Infant Death Syndrome (SIDS).

In order to raise awareness of the issues surrounding co-sleeping Staffordshire Children Partnership's have worked together with a number of agencies to promote a clear message to help parents reduce the risk of SIDS.

Safer sleep for babies

Things you can do



Things to avoid



You should follow the advice for all naps, not just for night time sleep

Sudden Infant Death Syndrome (SIDS) is the sudden and unexpected death of a baby for no obvious reason and although we don't yet know how to completely prevent SIDS, it is possible to significantly lower the chances of it happening by following the advice.

You can also talk to your midwife or health visitor if you have any questions or concerns or get in touch with us
Email: info@lullabytrust.org.uk
Telephone: 0808 802 6869
Website: www.lullabytrust.org.uk



What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9–15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College®



SEND & inclusion

**Any questions or concerns regarding Special Educational Needs or Disabilities?
Please speak to our SENDCo, Miss Miller, or drop-in to see Mrs Palmer on Friday mornings
between 9.15-9.45am.**



FREE Parent/Carer Training

**Delivered by the Specialist Teaching Support Service
Autism Inclusion Team**

Please note, these sessions are for parents/carers of children with a diagnosis or on the pathway
(e.g. a referral has been accepted and awaiting an assessment for an Autism diagnosis, inc. those not yet referred to our service)

Stafford Family Hub: Faraday Road, Stafford, ST16 3NQ

Moorlands Family Hub: Albert Street, Biddulph, ST8 6DT

DATE	TIME	COURSE TITLE	LOCATION
02.02.2026	09.30-12.00	Early Years Workshop	Microsoft Teams
26.02.2026	09.30-12.00	Early Years Workshop	Moorlands Family Hub
04.03.2026 (Max. 2 Sessions)	09.30-10.30	Understanding Autism	Stafford Children's Centre
	11.00-12.30	Raising Self-Esteem	
	13.30-15.00	Emotional Regulation	
11.03.2026	09.30-12.30	Transition to Adulthood	Stafford Children's Centre
19.03.2026	13.00-14.30	Understanding Autism	Moorlands Family Hub
16.04.2026	09:30 – 12:00	EYFS Parent Workshop	Stafford Children's Centre
03.06.2026 (Max. 2 Sessions)	09.30-11.00	Understanding Autism	Stafford Children's Centre
	12.00-13.30	Raising Self-Esteem	
	14.00-15.30	Autism & Girls	
10.06.2026	09.30-11.30	Understanding Self-Harm	Stafford Children's Centre



Understanding Autism

What we cover:

Language use when talking about autism.
Understanding the key areas of difference.
Thinking about your child's needs and ways to support them.

Understanding Behaviour

What we cover:

Parents/Carers are invited to join a member of the Autism Inclusion Team for an online check-in session with time for questions.

Raising Self-Esteem in Autistic Children and Young People

What we cover:

Sharing diagnosis with your child.
Ways to raise your child's self-esteem.

Emotional Regulation

What we cover:

This training will help to raise awareness and understanding of emotional regulation and how this impacts children with a diagnosis of Autism.

Transition into Adulthood

What we cover:

The options after year 11 and year 13 can sometimes be confusing for learners and for parents/carers. There are many different routes and pathways that young people can take, and choices must be carefully made. Preparing for adulthood should be considered as part of their education to support young people into adulthood with paid employment, good health, independent living and friends, relationships and community inclusion.

Girls and Autism

What we cover:

The aim of this training is for delegates to have an increased awareness of the presentation of Autism in girls. It aims to develop their understanding of 'masking' and the impact this may have on the student's mental health and to give an overview of strategies that may support their learning and emotional wellbeing.

Self-Harm

What we cover:

This course has been developed to support primary and secondary mainstream staff in understanding self-harm. The training explores common triggers, signs that a pupil may be self-harming and effective strategies/interventions to use in the classroom.

EYFS Parent Workshop

What we cover:

This is an opportunity to meet other parents and find out about ways to understand and support your child. We will discuss Autism Awareness, communication and interaction, sensory differences, play, toileting, eating and sleep.

**To book please email: autism.training@staffordshire.gov.uk
Please include your name(s)/school your child attends & email address**



Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Tuna pasta bake with garlic bread, peas and sweetcorn	Meatball pizza served with wedges, seasonal vegetables or salad	Roast chicken served with roast potatoes, fresh seasonal vegetables and gravy	Mild chicken curry served with rice and naan bread	Chicken nuggets and chips served with chips and beans or peas
Vegetarian Option	Macaroni pasta with garlic bread, peas and sweetcorn	Margherita pizza served with sliced potatoes and salad or vegetables	Quorn roast served with roast potatoes, fresh vegetables and gravy	Mild Quorn curry with rice and naan bread	Cheese and bean wrap served with chips and beans or peas
Pudding	Vanilla shortbread and Fresh Fruit	Lemon sponge with custard	Strawberry angel delight	Brownie and oranges	Crispy cookie
Available Daily					
Jacket Potato with fillings: tuna, cheese or baked beans. Sandwich or bap with fillings: ham, tuna or cheese Fresh bread, salad, fruit, milk & yoghurt					



Positive Global Citizen

What is a positive global citizen?

A positive global citizen is someone who actively contributes to making the world a better, more equitable, and sustainable place, recognising their role within the global community. This means being aware of global issues, respecting cultural differences, and taking responsible actions that benefit people and the planet.

Key qualities of a positive global citizen:

- **Awareness:** Understands global issues like poverty, climate change, human rights, and inequality.
- **Empathy and Respect:** Appreciates diverse cultures, beliefs, and perspectives.
- **Responsibility:** Recognises how personal choices (e.g., consumption, travel, communication) impact others globally.
- **Action-Oriented:** Engages in activities that support positive change—volunteering, ethical consumerism, advocacy, or education.
- **Collaboration:** Works with others, across borders and cultures, to solve shared problems.
- **Sustainability-Minded:** Supports practices and policies that protect the environment and promote long-term well-being for all.

Examples of positive global citizenship:

- Donating to or volunteering with organisations addressing global issues.
- Reducing carbon footprint and supporting sustainable brands.
- Speaking out against injustice or discrimination.
- Learning about and celebrating cultures different from your own.



Ibn Battuta

Ibn Battuta was a famous traveller from North Africa who lived over 700 years ago. He set out on a journey that was meant to last a short time, but instead he travelled for nearly 30 years! He visited many different countries across Africa, the Middle East, Asia, and Europe.

As he travelled, Ibn Battuta learned about new cultures, foods, and ways of life. He wrote about his adventures so people back home could understand what the wider world was like. His stories helped connect people from different places and taught them to respect and learn from one another.

Ibn Battuta reminds us that exploring new places and meeting new people helps us understand the world better and appreciate how everyone lives differently.



Meet The Teaching Team



Mrs Allerton



Miss Jones



Mrs Wakelam



Miss Miller



Mr Newton



Mr Wincup



Mr Leese



Mrs Watson



Mrs Gamble



CONTACT US



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